

# SUBLUXATION DEGENERATION

Researchers have identified three stages of spinal decay. Use these examples for comparison.

## Textbook Normal

**PHYSIOLOGY** Normal curves with equal disc spacing. No visible signs of degeneration.

**PROGNOSIS** Regular chiropractic checkups are recommended for early detection and prevention of spinal decay.

## Phase One

**PHYSIOLOGY** Misalignment and malfunction with soft tissue damage and nerve irritation.

**PROGNOSIS** Return to near normal may be expected with appropriate chiropractic care.

## Phase Two

**PHYSIOLOGY** Disc narrowing, calcium deposition, bone spurs, and nerve irritation.

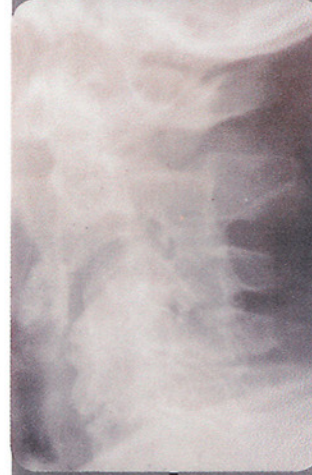
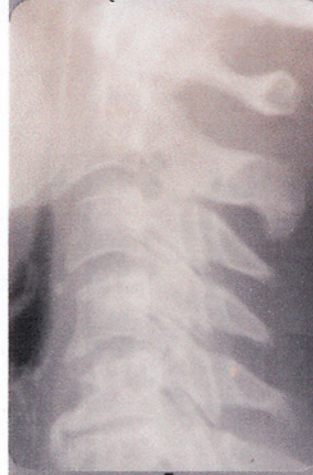
**PROGNOSIS** Slowing or stopping may be expected with appropriate chiropractic care.

## Phase Three

**PHYSIOLOGY** Joint immobilization, bone fusion, nerve atrophy, and scar tissue.

**PROGNOSIS** Slowing or stopping may be expected with appropriate chiropractic care.

Neck



Mid-Back



Lower Back

